The measurements in this guide refer to distance, speed and depth as they are generally expressed for navigation purposes.

m = metre

**Speed**

km/h = kilometres per hour
kn = knot
mi/h = miles per hour
1 mi/h = 1.609344 km/h
1 knot = 1.852 km/h

**Distance**

km = kilometre
1 nautical mile = 1.852 km

**Depth**

f = fathom
1 fathom = 1.8288 m

**Pressure**

kPa = kilopascal
1000 millibars = 10 kPa